

Phoenix Plus (16 – 30 year olds)

Life skills and healthy minds TERM TIME AT PHOENIX

Active Wednesday 11am—6pm
Creative Thursday 11am—2pm
Please ask for details

NEW — TUESDAY 'MY SPACE'
1pm –3pm
Arrange to meet friends here /
Get advice and information

BSL CHAT CLUB—Fun and friendly
The 1st Wednesday of every month.
6pm - 8pm at Phoenix. £1

Other Activities

Activity: Drop in— Lunch and Deaf consultation with Herts County Council
When? Monday 8th April
Where and time? The Phoenix centre , 1pm
Cost? FREE, bring or buy lunch

Activity: Cooking (11-2) Sport (2.30 -3.30)
When? Wednesday 10th April
Where and time? The Phoenix centre, from 11am
Cost? £3 if cooking

Activity: Lunch at Frankie and Benny's (1pm —3pm) and Bowling (3pm — 5pm)
When? Thursday 11th April
Where and time? Meet 1pm at Frankie and Benny's , finish 5pm Hollywood Bowl
Cost? £5 to bowl, pay for your own lunch

Activity: Sport (11-1) lunch (1pm) & Sex and Relationships education (2 -5)
When? Wednesday 17th April
Where and time? Phoenix, 11am —5pm
Cost? FREE

Activity: Meet Deaf women's rugby team (play rugby) and lunch after.
When? Thursday 18th April
Where and time? Venue to be decided. 11am —3pm
Cost? FREE but money needed for lunch

Activity: Citylit open day (<https://www.citylit.ac.uk/courses/specialist-learning>)
When? Saturday 27th April
Where and time? 12pm Stevenage/ or Hatfield train station or 12.45pm Kings Cross station
Cost? £10 train fare if travelling with us from Stevenage

Activity: Go APE
When? Wednesday 29th May
Where and time? Woburn 10.45am (contact Julie to discuss transport)
Cost? £5, Bring lunch

Activity: Visit to Stevenage Police station, education on reporting crime.
When? Thursday 30th May
Where and time? 10.45am—2pm , meet outside MacDonald's in Stevenage .
Cost? FREE. Bring lunch

ACTIVITIES FOR YOUNG PEOPLE

Spring 2019



age 13 — 30 years

Website: www.phoenixgroup.org.uk

Email: youth@phoenixgroup.org.uk

Tel: 01438 722142 Text: 07519 175575

Charity Number: 1180870

Some things you should know...

- We have a group for young people aged 13-17 and we have a group for young adults from aged 16 to 25 years. If you are 16 or 17 years old, you can come to both or either of the groups.
- Some people use British Sign Language and some people do not. There will be a British Sign Language Interpreter at all of the sessions.
- Everyone's hearing loss is different, ranging from mild to profound, everyone is welcome.
- We are a friendly and relaxed group, you won't be made to do something that you don't want to.
- There is a community transport scheme in Hertfordshire that can help you get to Phoenix if transport is a problem. Please ask us for details.

Phoenix Group for Deaf Children

The Hyde Out, 2-6 the Hyde, Stevenage, Herts, SG2 9SE



For more information, please contact Julie:

Email: youth@phoenixgroup.org.uk

Text/Call: 07519175575

or book activities online at www.phoenixgroup.org.uk

BSL USERS : Information where? BSL videos at www.phoenixgroup.org.uk

YOUTH GROUP (13 –17s) Thursdays 'I can' project

Our activities are decided by the young people and we would like **you** to decide what you would like to do.

Please text Julie to tell us what you would like to do.

***** 07519 175575 *****

Family Events

Saturday 18th May - Parents/Carers workshop on resilience at the Phoenix centre. 3pm—5.15pm

Introduction to British Sign Language (For adults and young people age 13+)

Wednesday 8th, 15th & 22nd May, 6.30pm— 8.30pm, £15per person for all three sessions. If you choose to book on our Level 1 BSL course in September, this amount will be deducted from the total cost.

Youth Group (13-17 year olds)

Saturday / other Sessions

Activity? Laser Quest and Creams ice cream parlour, Stevenage

When? Saturday 18th May

Where and time? Roaring Meg retail park, 3pm—5.15pm. Meet 3pm at the Phoenix centre

Cost? £5 plus money for ice cream

This session is happening alongside Phoenix family event

EASTER & MAY HALF TERM

Activity? Futsal skills (a type of football)

When? Thursday 11th April

Where? Watford Leisure Centre , 9.45am — 12pm

Cost? FREE

Activity? Caving

When? Tuesday 16th April

Where and time? XC Centre, Hemel Hempstead 11am— 1pm

Cost? £5

Activity: Go APE

When? Wednesday 29th May

Where and time? Woburn Safari park, 10.45am—6pm (from 9.30am if travelling with Phoenix)

Cost? £5 (limited spaces)

Activity? Climbing at the XC Centre, Hemel followed by lunch at Bella Italia

When? Friday 31st May

Where and time? The XC Centre in Hemel, 10.45am—1.30pm

Cost? £8 (lunch included)

Over 16s activities on the next page